# SOME KEY THINGS TO REMEMBER...

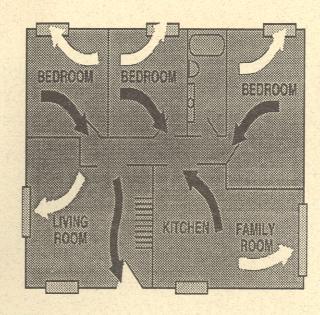
If you encounter smoke on your way out, use your alternative exit. If you must escape through smoke, stay down and crawl under the smoke where the air is clearer and cooler. If your clothing catches fire, <a href="Stop">Stop</a>, <a href="Drop">Drop</a> and <a href="Roll">Roll</a> (covering your face with your hands) to extinguish the flames.



STOP...before opening a door, feel the door. While remaining on your knees reach up and feel the door as high as you can reach without standing up. Feel the door knob, around the edges and bottom of the door. If you feel heat don't open that door, use your alternative exit.



an example of a home escape plan...



STOCKTON FIRE DEPARTMENT FIRE PREVENTION DIVISION 345 No. El Dorado St, Stockton, Ca. 95202 (209-937-8271)



## E.D.I.T.H.



# EXIT DRILLS IN THE HOME



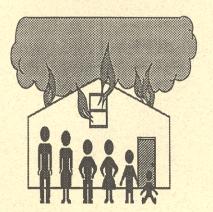
STOCKTON FIRE DEPARTMENT

### FIRE ESCAPE PLAN TIPS

Having two accessible ways out of each room greatly improves your chances in escaping a fire in your home. Practicing your escape before fire strikes will enable you to get out faster with less panic.

Unlike Hollywood and television, real fire is darkthe smoke is thick and black, you can't see through
it and the toxic gases in the smoke can be
disorienting. But if you have practiced crawling
below the smoke level, feeling your way along the
walls and counting doors to your exit, in a real fire
you will know exactly what to do and be better
prepared to exit safely.

If you know your escape route by heart you will be able to get out quickly even if you've been exposed to disorienting smoke and gases.



# HERE'S SOME THINGS TO REMEMBER WHEN MAKING YOUR HOME ESCAPE PLAN...

All members of your household should participate in the process of developing your plan, even young children.

Take a walk through your home and locate two escape routes from each room.

Make sure each exit is accessible. Check for windows that could be painted shut, make sure they open.

DO YOU HAVE BARS ON YOUR BEDROOM

WINDOWS? If so do they open from inside the room? If not, they must be made operable so they can. Those bars can and will trap you inside of your own home. Also California law requires that bars installed on bedroom windows must open from inside of the room. If you are contemplating installing bars on your windows please contact the City of Stockton Building Dept. or San Joaquin County Building Dept.

Open and check below the window Is there anything outside the window that would hamper your escape or injure you if you have to use the window for an exit? If so, now is the time to make corrections.

They will give you the correct information.

If your bedrooms are located on the second floor, do you have escape ladders for each bedroom?

Any doors blocked by furniture or storage?

What about smoke detectors, do you have one? Is it working? When was the last time you tested it? It is highly recommended that you test your smoke detectors weekly, and install new batteries at least once a year.



When practicing your escape plan, include calling for help from a neighbor's phone. . Once outside <u>NEVER</u> go back into a burning building for any reason.

Establish a meeting place a safe distance from the home.

If you have very young, very old, or disabled occupants, try to locate their bedroom on the ground floor and designate someone to help